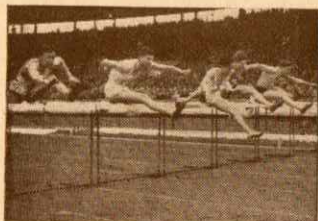


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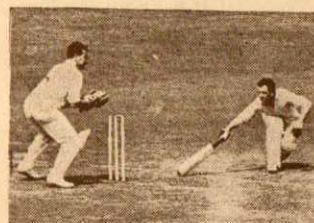
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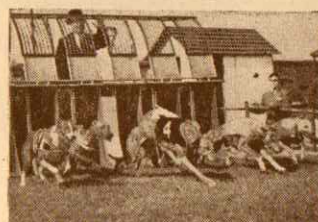
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NEWS OF THE WORLD

FIFTEENTH
ANNUAL



EDINBURGH TO GLASGOW RELAY RACE

Saturday, November 19th, 1955

STARTING AT 11.30 A.M.

FROM GLADSTONE MEMORIAL

ST. ANDREW'S SQUARE, EDINBURGH

(Under S.A.A.A. and N.C.C.U. Rules)



RELAYS AND EXCHANGE STATIONS

The runners, totalling 160, will be divided into eight relays of 20.

Each competitor must wear, BACK AND FRONT, the number and the letter shown in this programme.

News of the World arrow signs will be shown throughout the Course at all turns, and banners show each take-over.

- FIRST RELAY.** Starting from Gladstone Memorial, St. Andrew's Square, North David Street, Queen Street, Albion Place, St. Colne Street, Ainslie Place, Great Stuart Street, Randolph Crescent, Melville Street, Manor Place, Coates Place, West Maitland Street, Haymarket Station, Clifton Terrace, Haymarket Terrace, under Railway Arch, Roseburn Terrace, Corstorphine Road, to Maybury Cross. First take-over. Distance : 5½ miles.
(5½ miles)
(approx. time of arrival 11.55 a.m.)
- SECOND RELAY.** Main Glasgow Road, left fork to Newbridge, over stone bridge, under viaduct, right fork by Broxburn A.A. box to Broxburn East U.F. Church. Distance : 11½ miles.
(6 miles)
(12.25 p.m.)
- THIRD RELAY.** Main Road to Uphall, right fork, sharp rise to Dechmont (switchback going) to Wester Dechmont Farm. Distance : 15½ miles.
(4 miles)
(12.45 p.m.)
- FOURTH RELAY.** Main Road right fork, then fork left for Bathgate, over level crossing to Armadale (Clock Tower). Distance : 21¼ miles.
(5¾ miles)
(1.15 p.m.)
- FIFTH RELAY.** Main Road, Blackridge, over railway bridge, Forrestfield Station to Forrestfield Inn. Distance : 26¾ miles.
(5½ miles)
(1.45 p.m.)
- SIXTH RELAY.** Main Road, Hillend, Caldercruix, under railway bridge, Plains, Clarkstone, Airdrie, Alexandra Street, Airdrie War Memorial. Distance : 33¾ miles.
(7 miles)
(2.20 p.m.)
- SEVENTH RELAY.** Main Road, under railway bridge, Coatbridge Greyhound-Enclosure, Bank Street, Coatbridge, Bargeddie P.O., Baillieston, Spring Hill Cross, Barrachnie, Telephone Box. Distance : 39¼ miles.
(5½ miles)
(2.50 p.m.)
- EIGHTH RELAY.** Main Shettleston Road, Shettleston, right fork, under railway bridge, Duke Street, turn left into High Street, turn right into Ingram Street to the Stirling Library (formerly Royal Exchange) (Queen Street). Full distance : 44¼ miles.
(5 miles)
(3.15 p.m.)

SPECIAL NOTE FOR THE SAFETY OF RUNNERS

All competitors must keep to the left-hand side of the road whilst running. Cutting corners is not allowed. Any competitor indulging in this dangerous practice will render his team liable to disqualification.

HONORARY OFFICIALS

President : W. EMSLEY CARR, ESQ. (*News of the World*).

Vice-Presidents : The Rt. Hon. JOHN G. BANKS (Lord Provost of Edinburgh) ;
The Rt. Hon. ANDREW HOOD (Lord Provost of Glasgow).

Hon. Life Vice-President : W. J. PEPPER (A.A.A.).

Starter : Bailie JOHN CORMACK of Edinburgh.

Referee : W. C. ARMOUR (S.N.C.C.U.).

Relays 1-8 :

Timekeepers : D. MCSWEIN (Chief) (S.A.A.A.) ; T. MCKAY (S.A.A.A.).

Recorders : E. TAYLOR (S.N.C.C.U.) ; D. MCSWEIN (Jnr.).

Relays 2-5 :

Timekeepers : D. CORBET (S.A.A.A.) ; W. MCNEILLIE (S.A.A.A.).

Recorders : J. A. HENDERSON (E.S.H.) ; A. GORDON (S.A.A.A.).

Relays 3-6 :

Timekeeper : A. NANGLE (S.N.C.C.U.).

Recorders : A. STEVENSON (S.A.A.A.) ; D. FERGUSON (Shettleston H.).

Relays 4-7 :

Timekeeper : W. DEMPSEY (S.A.A.A.).

Recorders : G. K. AITHIE (S.A.A.A.) ; R. McDONALD.

Judges : J. GILBERT (S.A.A.A.) ; G. DALLAS (S.N.C.C.U.) ; T. FRASER (S.N.C.C.U.) ; J. MCCLURG (S.A.A.A.) ; T. D. MCKIE (*Glasgow Police*) ; A. F. NIELSON (S.N.C.C.U.) ; A. FALCONER (S.N.C.C.U.) ; J. R. SCOTT (S.N.C.C.U.) ; J. C. SCOTT (S.N.C.C.U.) ; W. LAWN (*Bellahouston H.*) ; D. M. WRIGHT (S.A.A.A.).

Transport Chief : G. S. BARBER (*Maryhill H.*).

Transport Assistant : A. N. CROSBIE (S.N.C.C.U.).

Coach Stewards : Coach No. 1, W. J. ANDREWS (S.B.A.A.A.) ; 2, R. DEVON (S.M.C.) ; 3, J. McNAMARA (S.M.C.) ; 4, G. PICKERING (S.N.C.C.U.) ; 5, I. ROSS (*Edinburgh Southern H.*) ; 6, G. HORSBURGH (S.N.C.C.U.) ; 7, W. CHESSER (S.A.A.A.) ; 8, T. DAILY (S.N.C.C.U.) ; 9, J. T. MITCHELL (S.N.C.C.U.).

Course Official : F. EVANS (S.A.A.A.).

Medical : ST. ANDREW'S AMBULANCE BRIGADE.

Results Reporters : G. WALKER ; M. STEWART (S.N.C.C.U.).

Glasgow Results Board : J. S. RUSSELL ; A. MURDOCH.

Clerk of the Course : W. CARMICHAEL (S.A.A.A.).

Assistant Clerk of the Course : W. MCNEILLIE (S.A.A.A.).

Organisers : ERNEST RILEY, JOE BINKS (*News of the World*).

Assistant Organiser : RON BACCHUS (*News of the World*).

1955 NATIONAL RACE (LONDON-BRIGHTON)

ANOTHER RECORD RUN

South London Harriers were for the second time in succession winners of the National Road Relay Race from Westminster to Brighton, beating last year's record time (4hr. 31min. 37sec.) by more than 2 minutes, to finish in the very fast time of 4hr. 29min. 19sec.

They were nearly four minutes ahead of their nearest rivals, Polytechnic Harriers, so on paper they would appear to have had an easy race. It was not nearly so easy as the figures would lead one to believe.

For most of the course a number of teams were within striking distance. The third and fourth teams reached Brighton within 60 seconds of the second, and, up to the last two stages, any of these three might have upset South London's winning lead.

After the arrival of the Polytechnic runner five others followed within less than four minutes. The first nine teams all beat Salford's time for the course, 4.39.52, which had stood as a Westminster to Brighton record from 1932 until last year, when South London Harriers bettered it.

Ken Wood put Sheffield United into the lead at Clapham, with a record run of 20min. 17sec. In the second leg to Mitcham, J. Cameron of T.V.H. established a new record of 24min. 59sec., and C. Wilson of S.L.H. also beat the previous best and carried South London into the lead. They were strongly challenged in the third leg, when E. Ellis of T.V.H. set up a new record of 28min. 20sec. and reduced the S.L.H. lead to 32 seconds.

Polytechnic went into second place at the 4th take-over, when D. Hayter set up a new record of 25min. 11sec., and reduced the S.L.H. lead to 21 seconds. In the 5th stage, C. Stewart (Polytechnic) again reduced the lead to 14 seconds. This was Polytechnic's strongest challenge, and the nearest anyone came to displacing S.L.H. in the lead.

Ellis's record did not last long in the third leg, for R. Llewellyn of Walton A.C. beat it by three seconds (28min. 17sec.), bringing his club up from 13th to 6th place.

Hayter's record in the 4th leg was also beaten, by B. E. Hames (Essex Beagles), who lowered it by 11 seconds (25m. 0sec.). Polytechnic stayed in the second place until the 10th leg when Sheffield United wrested the position from them, only to lose it again in the last stage to Brighton.

Gordon Pirie took the long leg of 6 miles 1,288 yards to Handcross. It was expected that he would try to lower his record time of 33min. 27sec. He did not do this, but he ran well and kept his club in the lead.

At the other end of the table his friend and rival, Frank Sando, took Aylesford up from 17th to 12th with a dramatic run of 32min. 54sec., beating Pirie's previous record by 33 seconds.

Yet another great record went in the eighth stage of 6 miles 206 yards to Hickstead. In 1953, Pirie and Olney each did this leg in 29min. 5sec. In 1954, Peter Driver beat this time with 28min. 52sec., but Jim Peters bettered this with 28min. 42sec., while Alec Olney went on to beat both of them with 28min. 35sec., one of those records that one expects never to be beaten. Nobody had told Ken Norris that, so he promptly knocked 5 seconds off Olney's record, making the time for 6 miles and a furlong 28min. 30sec.

In addition to all these records yet another went by the board. The fastest time from Mitcham to Brighton was Mitcham's run of 3hr. 48min. 29sec. in 1938. That course is now 174 yards longer, and there are 9 runners instead of 10. Yet S.L.H. beat the time in 1954, doing 3hr. 44min. 20sec., and knocked off a further 65 seconds in 1955, with a new time of 3hr. 43min. 15 sec.

PLACINGS:—South London (4hr. 29min. 19sec.), 1; Polytechnic (4.33.15), 2; Sheffield (4.33.29), 3; Belgrave (4.34.15), 4; T.V.H. (4.35.25), 5; Herne Hill (4.36.15), 6; Essex Beagles (4.36.56), 7; Birchfield (4.37.41), 8; Victoria Park (4.38.21), 9; Ilford (4.41.8), 10; Coventry Godiva (4.42.22), 11; Walton (4.42.58), 12; M.A.C. (4.43.14), 13; Shaftesbury (4.43.15), 14; Aylesford (4.43.53), 15; Shettleston (4.44.50), 16; Blackheath (4.45.26), 17; Tipton (4.45.27), 18; Bolton (4.45.50), 19; Liverpool Pembroke (4.50.54), 20.

TEAMS AND RUNNERS

BEITH HARRIERS

"News of the World" Relay: Fastest time 4 hrs. 9 mins. 26 secs. 1954.

(Colours: Black and White)

A1	K. Phillips	A6	A. Hayes	A10	W. Prasher
A2	J. W. Armstrong	A7	A. McGookin	A11	C. McCafferty
A3	J. C. Harris	A8	H. Walker	A12	S. Maxwell
A4	G. Lightbody	A9	D. Thomson	A13	H. Maxwell
A5	R. A. Paterson			A14	H. Monahan

BELLAHOUSTON HARRIERS

"News of the World" Relay: Fastest time 3 hrs. 49 mins. 47 secs. 1938.

Winners 1936, 1938, Fifth 1954.

(Colours: Dark Blue; St. Andrew's Cross)

B1	F. G. Nelson	B8	S. McLean	B14	G. Bell
B2	J. Connolly	B9	R. Black	B15	J. Gibb
B3	J. Irvine	B10	D. Wright	B16	R. Wilson
B4	T. Mercer	B11	I. Leckie	B17	A. Jack
B5	H. Fenion	B12	J. McLean	B18	F. Cowan
B6	R. H. Wilson	B13	R. Climie	B19	G. Hunter
B7	R. Stoddart			B20	J. Gifford

BRAIDBURN ATHLETIC CLUB

"News of the World" Relay: Fastest time 4 hrs. 7 mins. 7 secs. 1954.

(Colours: Red, Yellow and Green Hoops)

C1	N. Donachie	C8	M. Innes	C14	B. D. Underhill
C2	J. K. Hislop	C9	D. B. Nisbet	C15	J. C. Hacklford
C3	A. B. Parker	C10	J. M. Hepburn	C16	A. Davidson
C4	R. A. Henderson	C11	I. Drever	C17	D. W. Dunn
C5	J. Corbett	C12	V. King	C18	R. G. B. Wilkie
C6	T. Thomson	C13	J. R. D. Moore	C19	M. Swanson
C7	J. M. Hamilton			C20	A. Howie

CLYDESDALE HARRIERS

"News of the World" Relay: Fastest time 4 hrs. 4 mins. 20 secs. 1954.

(Colours: Black and White)

D1	R. Clark	D6	J. Hume	D10	W. Hyslop
D2	C. O'Boyle	D7	J. Duffy	D11	M. Harvey
D3	G. White	D8	R. Boyd	D12	J. Higginson
D4	J. Wright	D9	J. Young	D13	D. Bowman
D5	P. Younger			D14	W. Howie

DUNDEE THISTLE HARRIERS

"News of the World" Relay: Fastest time 3 hrs. 50 mins. 14 secs. 1937.

Winners 1934, 1937.

(Colours: Crimson)

E1	D. Miller	E6	S. Cunningham	E10	J. Petrie
E2	H. Irvine	E7	E. King	E11	E. Nicoll
E3	C. D. Robertson	E8	A. M. McIntosh	E12	J. Watson
E4	J. Miller	E9	R. Oram	E13	J. Lowis
E5	P. Taylor			E14	J. Fitzpatrick

EDINBURGH SOUTHERN HARRIERS

"News of the World" Relay : Fastest time 3 hrs. 59 mins. 27 secs. 1950.

(Colours : Blue and White)

H1	H. S. Millar	H8	J. Smart	H14	J. Foster
H2	R. McAllister	H9	H. Robertson	H15	G. Reid
H3	W. A. Lyall	H10	G. G. Elliot	H16	W. Grant
H4	A. Ross	H11	I. Gourley	H17	K. Borthwick
H5	N. Ross	H12	M. McLaughlin	H18	J. Heggie
H6	H. Robb	H13	I. Clifton	H19	W. A. Robertson
H7	J. Dinning			H20	M. Logie

EDINBURGH UNIVERSITY H. & H.

"News of the World" Relay : Fastest time 3 hrs. 55 mins. 40 secs. 1954.

Fourth 1954

(Colours : Dark Green Vest, White Shorts)

J1	A. H. C. Horne	J4	A. K. R. Ravenscroft	J8	A. C. Ross
J2	J. V. Paterson	J5	T. N. Allsup	J9	W. M. Watson
J3	J. Crawford	J6	A. S. Jackson	J10	M. Fraser
		J7	J. W. Bydie		

FALKIRK VICTORIA HARRIERS

"News of the World" Relay : Fastest time 4 hrs. 0 mins. 19 secs. 1954.

Sixth 1954.

(Colours : Black and Gold)

K1	A. J. Crawford	K8	R. Gordon	K14	J. Smith
K2	D. Cleland	K9	T. Blacknall	K15	D. King
K3	G. W. Jackson	K10	J. McConvey	K16	H. Whittle
K4	R. A. Sinclair	K11	D. Shields	K17	R. Hendry
K5	T. D. Todd	K12	J. K. Millar	K18	G. Cox
K6	A. Cook	K13	C. M. Morrison	K19	E. O'Connor
K7	J. Paterson			K20	M. T. Kaney

GARSCUBE HARRIERS

"News of the World" Relay : Fastest time 3 hrs. 53 mins. 26 secs. 1937.

(Colours : White with Blue Band)

L1	G. Dickson	L8	D. Paton	L14	D. Coupland
L2	S. Horn	L9	E. S. Murray	L15	D. G. Causon
L3	G. A. Dunn	L10	J. Barrowman	L16	J. Mair
L4	B. Linn	L11	G. Paris	L17	A. Warton
L5	J. Linn	L12	W. J. Ross	L18	F. Robertson
L6	H. Carson	L13	A. McDonald	L19	J. Hughes
L7	A. Kidd			L20	J. J. Duffy

GLASGOW UNIVERSITY H. & H.

"News of the World" Relay : Fastest time 4 hrs. 8 mins. 14 secs. 1954.

(Colours : Black Vest, Gold "G" on Back)

M1	P. Ballance	M7	A. Galbraith	M13	A. Preston
M2	J. Boyd	M8	A. Lester	M14	D. Robertshaw
M3	A. Campbell	M9	S. MacFarlane	M15	T. Robertson
M4	G. Campbell	M10	B. MacNamara	M16	J. Rose
M5	H. Coulthard	M11	R. Meikle	M17	C. Sharp
M6	A. Downie	M12	J. MacRae	M18	D. Valentine

GREENOCK GLENPARK HARRIERS

"News of the World" Relay : Third 1950 in 3 hrs. 59 mins.

(Colours : Sky Blue Singlet with Badge)

P1	D. McFarlane	P6	R. Cox	P10	J. McKenna
P2	J. Grant	P7	D. Farren	P11	A. Maclean
P3	M. Thompson	P8	D. Kennedy	P12	W. Elder
P4	J. Fraser	P9	I. Osborne	P13	R. Clarke
P5	W. Kesson			P14	J. McDonald

GREENOCK WELLPARK HARRIERS

(Colours : White with Black Band and Badge)

Q1	J. Stevenson	Q8	J. Howe	Q14	T. Carr
Q2	T. Stevenson	Q9	P. McConnachie	Q15	J. McGregor
Q3	G. C. King	Q10	P. Mackay	Q16	R. Hewitt
Q4	D. McConnachie	Q11	W. Cuthbert	Q17	J. Taylor
Q5	J. Cairns	Q12	D. Anderson	Q18	W. Docherty
Q6	W. Stoddart	Q13	W. Aitken	Q19	H. Docherty
Q7	C. Aitken			Q20	S. J. N. Aitken

IRVINE Y.M.C.A. HARRIERS

"News of the World" Relay : Fastest time 4 hrs. 2 mins. 5 secs. 1952.

(Colours : White, Blue Band, Red Triangle)

R1	S. Cuthbert	R6	J. Leask	R12	J. Dunlop
R2	S. Kennedy	R7	J. Kerr	R13	D. Andrews
R3	W. Banks	R8	W. Kenny	R14	R. Kennedy
R4	T. Parker	R9	K. Alexander	R15	W. Blair
R5	J. Lawson	R10	F. Muir	R16	T. McNeish
		R11	F. English		

MARYHILL HARRIERS

"News of the World" Relay : Fastest time 3 hrs. 50 mins. 5 secs. 1938.

Winners 1939.

(Colours : Royal Blue Singlet, White Shorts)

S1	W. Black	S7	J. McKay	S14	T. Taylor
S2	J. E. Farrell	S8	J. Wright	S15	W. Gall
S3	R. McDonald	S9	W. Kirkwood	S16	G. Taylor
S4	T. Ruth	S10	W. Hannak	S17	G. Porteous
S5	T. Harrison	S11	G. McLintock	S18	J. Hoskins
S6	G. Penrice	S12	T. K. Wilson	S19	G. Grant
		S13	A. Bald		

PAISLEY HARRIERS

"News of the World" Relay : Fastest time 4 hrs. 1 min. 48 secs. 1952.

(Colours : Royal Blue and Red)

T1	A. Napier	T5	W. McNeil	T10	J. Deveney
T2	G. Napier	T6	J. Pearson	T11	R. Young
T3	J. M. Campbell	T7	J. Sellar	T12	W. McLaughlin
T4	C. McCart	T8	W. Millar	T13	D. Ferguson
		T9	W. Smith		

PLEBEIAN HARRIERS

"News of the World" Relay : Fastest time 3 hrs. 53 mins. 57 secs. 1936.

Winners 1933.

(Colours : White Vest with Red Band)

U1 P. McDermid	U7 J. McEwan	U13 T. McQuade
U2 J. Simpson	U8 D. McEwan	U14 L. Howitt
U3 A. Muir	U9 D. Barclay	U15 A. Robertson
U4 J. McCann	U10 G. Jamieson	U16 A. Small
U5 T. Rewcastle	U11 C. Heaney	U17 T. Campbell
U6 J. McGregor	U12 T. Monaghan	U18 J. McCaffery

SHETTLESTON HARRIERS

"News of the World" Relay : Fastest time 3 hrs. 47 mins. 17 secs. 1954.

Winners April and November, 1949. Second 1950, 1951, 1952, 1953 and 1954.

(Colours : Royal Blue with Gold Band)

W1 J. McGhee	W8 R. Wotherspoon	W16 F. Scally
W2 C. Wallace	W9 H. Fox	W17 J. Kirk
W3 G. Everett	W10 W. McFarlane	W18 J. L. Hendry
W4 E. Bannon	W11 J. Eadie	W19 D. Campbell
W5 G. Govan	W12 T. Walters	W20 A. Hill
W6 I. Cloudsley	W13 J. Thomson	W21 W. Gorman
W7 J. Turnbull	W14 A. Orr	W22 J. McElroy
	W15 J. McNeil	

SPRINGBURN HARRIERS

"News of the World" Relay : Fastest time 3 hrs. 55 mins. 25 secs. 1954.

Third 1954.

(Colours : Navy Blue Vest with White Diamond, White Shorts)

X1 T. Tracey	X8 A. Fulton	X14 E. Sinclair
X2 J. McCormick	X9 J. Ballantyne	X15 A. Reid
X3 D. Buchanan	X10 T. Lambert	X16 T. Phelan
X4 J. Gordon	X11 J. Jackson	X17 A. Stevenson
X5 D. G. Mackay	X12 G. Feeney	X18 T. O'Reilly
X6 J. Crawford	X13 J. McGale	X19 D. Wallace
X7 P. McParland		X20 J. Price

VALE OF LEVEN A.A.C.

"News of the World" Relay : Fastest time 4 hrs. 2 mins. 7 secs. 1954.

(Colours : Red and White Hoops)

Y1 P. Moy	Y7 H. Garvey	Y12 J. White
Y2 A. McDougall	Y8 J. Garvey	Y13 E. Murphy
Y3 R. Campbell	Y9 T. McKenzie	Y14 G. Crichton
Y4 W. Gallacher	Y10 I. Young	Y15 P. Patterson
Y5 J. Ferguson	Y11 T. Wilson	Y16 W. Lennie
Y6 R. Steel		Y17 W. Crowe

VICTORIA PARK A.A.C.

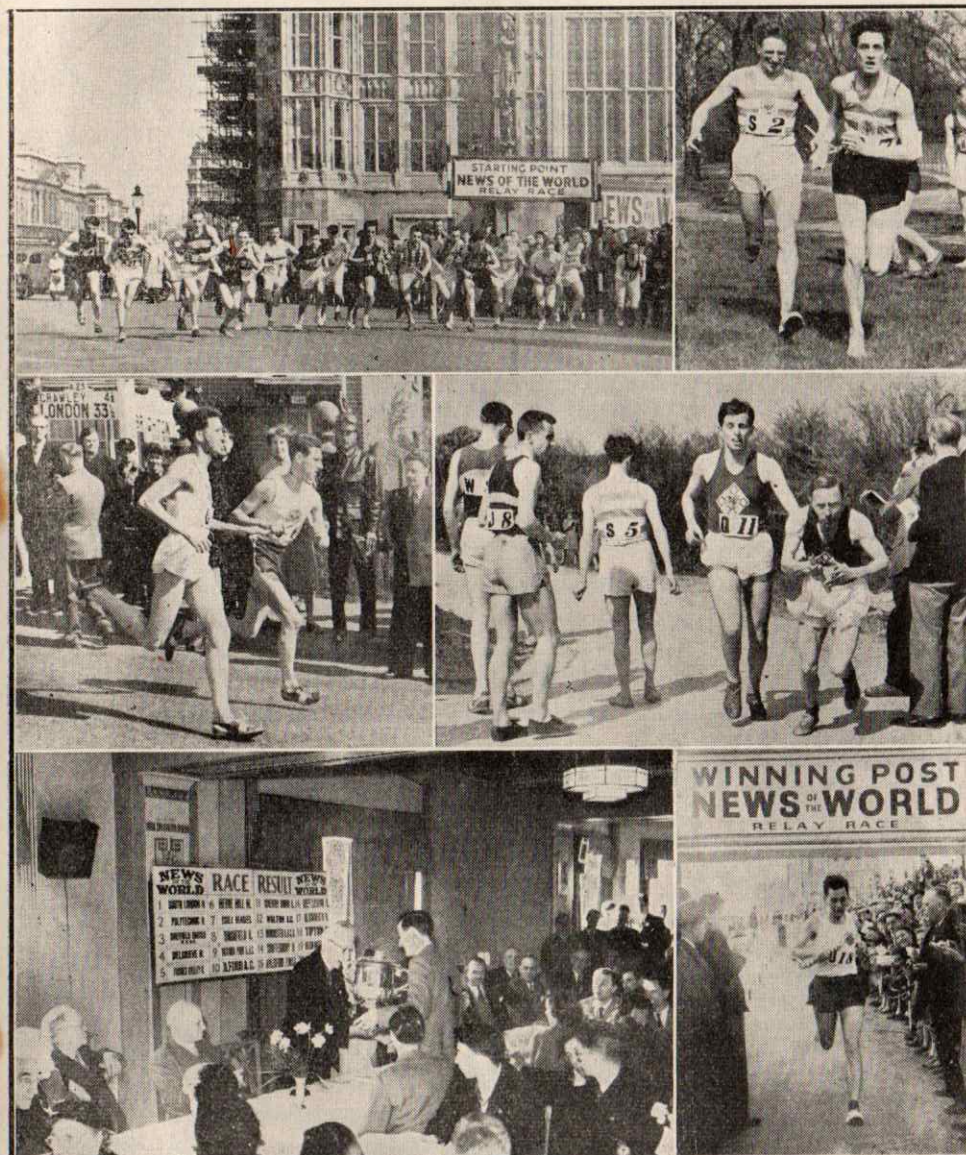
"News of the World" Relay : Fastest time 3 hrs. 46 mins. 43 secs. 1954.

Winners 1950 1951, 1952, 1953 and 1954.

(Colours : Blue and White Hoops)

Z1 I. Binnie	Z8 F. McKay	Z14 P. Keenan
Z2 J. Russell	Z9 J. D. Stirling	Z15 W. Sloan
Z3 J. McLaren	Z10 N. Ellis	Z16 D. Macfarlane
Z4 R. Urquhart	Z11 J. Parker	Z17 N. Austin
Z5 R. Calderwood	Z12 J. Whitelaw	Z18 G. Kerr
Z6 R. Kane	Z13 J. Ewing	Z19 D. Ross
Z7 C. D. Forbes		Z20 C. Sharp

1955 NATIONAL RELAY RACE (LONDON-BRIGHTON)



(Top Left) The start from Old Palace Yard.

(Top Right) Ken Wood (Sheffield United) handing over to G. Kirby at Clapham Common.

(Centre Left) D. A. G. Pirie (S.L.H.) handing over to P. B. Driver at Handcross.

(Centre Right) J. H. Wood (Poly.) starting the 10th Relay from Newtimber.

(Bottom Left) The Mayor of Brighton presenting the Trophy to South London Harriers.

(Bottom Right) J. D. Prince, finishing first for South London Harriers.

EDINBURGH—GLASGOW RELAY RACE WINNERS AND TIMES

1933 Plebeian H.	4. 7.5	Dundee Thistle H.	4. 8.35	Edinburgh N.H.	4.11.59
1934 Dundee Thistle H.	4.20.47	Edinburgh N. H.	4.21.46	Maryhill H.	4.22.35
1935 Edinburgh N. H.	4. 3.23	Garscube H.	4. 4.18	Plebeian H.	4. 4.32
1936 Bellahouston H.	3.51.15	Shettleston H.	3.52.51	Plebeian H.	3.52.57
1937 Dundee Thistle H.	3.50.14	Maryhill H.	3.52.11	Bellahouston H.	3.52.57
1938 Bellahouston H.	3.49.47	Maryhill H.	3.50.5	Dundee Thistle H.	3.56.20
1939 Maryhill H.	4. 6.3	Bellahouston H.	4. 6.36	Shettleston H.	4. 8.17

April					
1949 Shettleston H.	4.15.25	Victoria Pk. A.A.C.	4.20.56	Bellahouston H.	4.21.16

Nov.					
1949 Shettleston H.	3.56.57	Victoria Pk. A.A.C.	3.58.7	Bellahouston H.	4. 2.22
1950 Victoria Pk. A.A.C.	3.52.43	Shettleston H.	3.53.15	Greenock	3.59. 0
1951 Victoria Pk. A.A.C.	3.56.4	Shettleston H.	3.59.30	Glenpark H.	
1952 Victoria Pk. A.A.C.	3.48.44	Shettleston H.	3.55.10	Springburn H.	4. 1. 9
1953 Victoria Pk. A.A.C.	3.52.56	Shettleston H.	3.54.52	Bellahouston H.	3.58.45
1954 Victoria Pk. A.A.C.	3.46.43	Shettleston H.	3.47.17	Edinburgh S.H.	4. 1.21
				Springburn H.	3.55.25

Relay INTERMEDIATE COURSE RECORDS

1 R. B. McIntosh ...	Greenock Glenpark H. ...	26 mins. 5 secs.	(1936)
2 E. Bannon ...	Shettleston H. ...	30 „ 16 „	(1954)
3 P. McNab ...	Springburn H. ...	21 „ 56 „	(1936)
4 A. T. Whitecross ...	Dundee Thistle H. ...	30 „ 24 „	(1937)
5 J. Campbell ...	Bellahouston H. ...	27 „ 57 „	(1938)
6 I. Binnie ...	Victoria Pk. A.A.C. ...	32 „ 32 „	(1954)
7 D. Henson ...	Victoria Pk. A.A.C. ...	28 „ 58 „	(1954)
8 A. Austin ...	Bellahouston H. ...	24 „ 23 „	(1938)

Note.—In a previous series of races over the same course, S. K. Tombe (Plebeian H.) ran the 5th Relay in 27 mins. 53 secs. in 1931, and F. L. Stevenson (Monkland H.) ran the 8th Relay in 24 mins. 22 secs. in 1930.

AWARDS

Winning Team to hold the "News of the World" Silver Trophy

The first four teams to finish will receive a set of specially designed medals (gold-fronted for the winners, silver for the runners-up, and bronze for the third and fourth).

An extra set of bronze medals will be awarded to the unplaced team who gave the most meritorious performance.

This question will be decided by the following well-known officials: E. Riley, J. Binks, J. Gilbert, G. Dallas, D. McSwein, and the Referee, W. C. Armour.

THANKS

The organisers, on behalf of the "News of the World," thank the Scottish National Cross-country Union and the Scottish Amateur Athletic Association and all the officials for their valued assistance.

We are grateful also to the civic authorities of the cities of Edinburgh and Glasgow, and of the other towns through which we have passed, and of the counties of Midlothian, West Lothian and Lanarkshire, for their help.

The police authorities of Edinburgh, Glasgow, Midlothian, West Lothian and Lanarkshire have given their cordial co-operation, and we have much appreciated their aid.

Finally, we thank all who permitted us to erect direction signs along the route, all who lent their cars, or helped in other ways, including members of the St. Andrew's Ambulance Brigade, who gave invaluable service, and last, but by no means least, the runners themselves for their splendid support.

INSTRUCTIONS FOR COMPETITORS AND OFFICIALS

A letter from the Rt. Hon. John G. Banks, Lord Provost of Edinburgh, addressed to the Rt. Hon. Andrew Hood, Lord Provost of Glasgow, will be handed to the first representative of Victoria Park A.A.C. (last year's winners) at the start by Bailie John Cormack of Edinburgh, and will be handed to the Lord Provost of Glasgow's deputy, Bailie Thomas B. Duncan at the winning post.

All teams will carry a baton throughout the race.

Competitors' coaches, numbered as per relays 1-8, will take runners to their respective starting points, and pick them up again at the end of their relays. All competitors *must* travel in the official coaches.

All competitors, except those running the first relay, must be in their respective coaches, ready to start at 11.0 a.m. No competitor will be waited for. Only competitors and officials with Coach Tickets will be allowed to travel in the coaches.

To avoid congestion, no coaches must stop within 100 yards beyond each Take-Over. Coach drivers are asked by the organisers to observe this request strictly.

Dressing facilities at the start: Edinburgh Y.M.C.A., South St. Andrew Street.

The first ten teams to finish will qualify for next year's race. The remaining teams to be invited will be selected by the Scottish A.A.A. and S.N.C.C.U.

Immediately after the race, competitors and officials with Tea Tickets adjourn to the Ca'doro Restaurant, Union Street, Glasgow, for High Tea, where Bailie Thomas B. Duncan will present the Trophy and Medals to the winners.

NOTE—The police have given instructions that cars and coaches must not park less than half a mile beyond the first take-over at Maybury Cross.

1956 NATIONAL RELAY RACE

The following teams have qualified for the 1956 National Race, by their performances in the Regional Races, and this year's National Race. South London H., Polytechnic H., Sheffield United H. & A.C., Belgrave H., Thames Valley H., Herne Hill H., Birchfield H., Bolton United H. & A.C., St. Albans City A.C. and Essex Beagles.

The first two teams in this race will also qualify.

The remaining clubs will be chosen by the Selection Committee, taking into consideration their performance in the National and Regional races and their current form as shown in other events. The Selection Committee reserves the right to invite fewer than twenty teams, if, in the opinion of the committee, the clubs omitted are not up to the requisite standard.